Connecticut

Metropolitan Statistical Areas

Balance of area will appear on adjoining state map(s).

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As defined by the Office of Management and Budget January 1, 2024.

In 2020, the State of Connecticut began the process of dissolving its county government system to create a regional system which better reflects the social-economic relationships within the state.

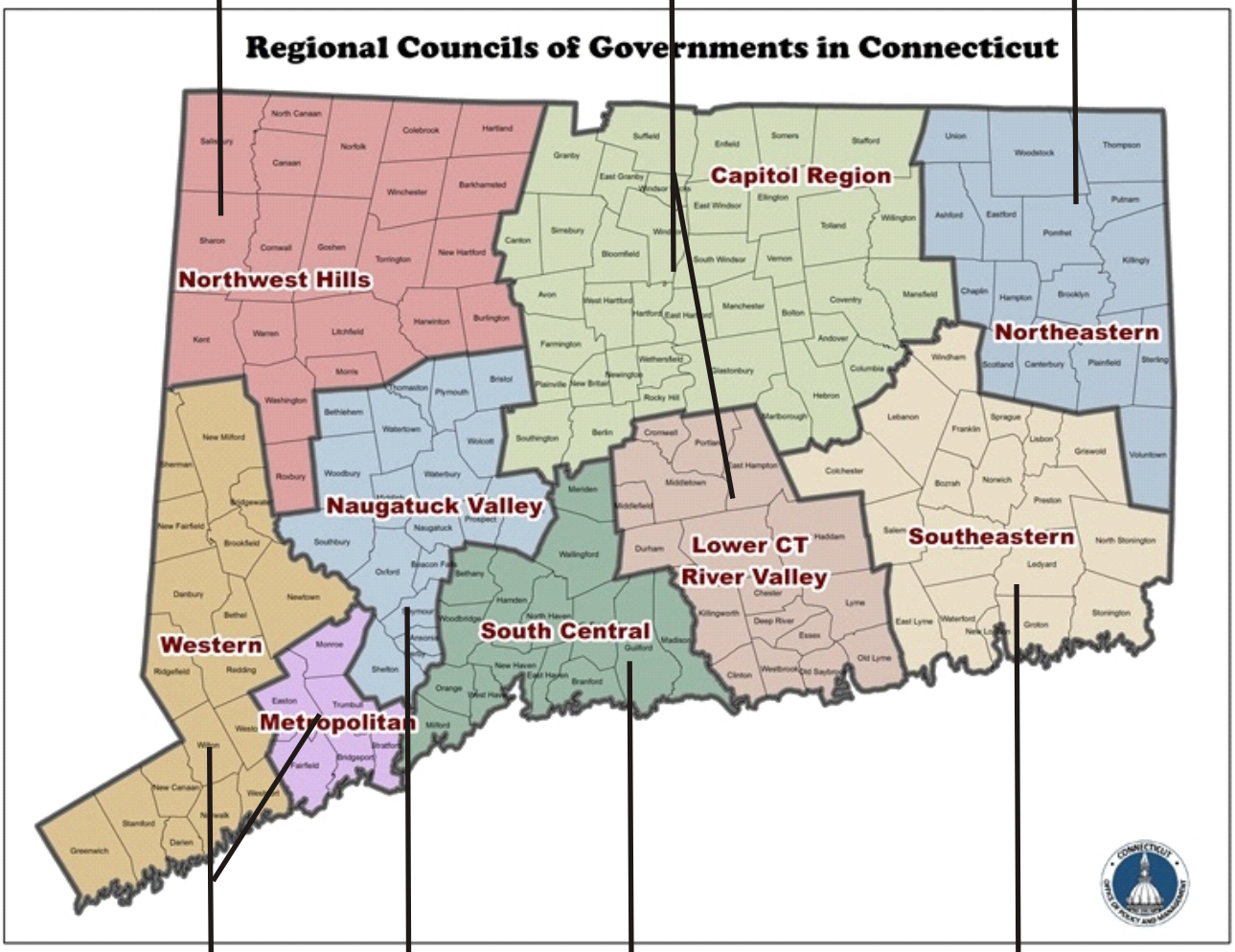
In 2022, nine planning regions were approved by the Federal government as "county equivalents" and are now used for statistical purposes.

The Office of Management and Budget determined the Metropolitan and Micropolitan areas by the nine planning regions.

Torrington, CT Micropolitan Area

Hartford-West Hartford-East Hartford, CT Metropolitan Area (2 Regions)

Waterbury-Shelton, CT Micropolitan Area



Bridgeport-Stamford-Norwalk, CT Metropolitan Area (2 Regions)

Waterbury-Shelton, CT Metropolitan Area

New Haven-Milford, CT Metropolitan Area

Norwich-New London-Willimantic, CT Metropolitan Area